

# Rendlesham Primary School RSHE Curriculum

		Key Stage 1		Lower Key Stage 2		Upper Key Stage 2		
<b>CONFLICT</b>		When should we dial 999? BASIC FIRST AID	What does it mean to be sad? CARING FRIENDSHIPS	How do our actions affect others? RESPECTFUL RELATIONS	Does everyone feel the same emotions? MENTAL WELLBEING	How can I make a difference ? The invisible(text) MENTAL WELLBEING	Why do we make friendships? CARING FRIENDSHIP	<p><b>See our RSHE planning document for an overview of all the objectives and the knowledge that is taught in our RSHE curriculum throughout Rendlesham Primary School. Many objectives are cross curricular and are represented in orange on our medium term plans,</b></p>
<b>Autumn</b>								
<b>PLANET EARTH</b>		Who is a trusted adult? Chicken Clicking text ONLINE RELATIONSHIPS + BEING SAFE		How do you respond in an emergency? BASIC FIRST AID <a href="https://firstaidchampions.redcross.org.uk/primary/">https://firstaidchampions.redcross.org.uk/primary/</a>	Can a tree be your friend? CARING FRIENDSHIPS	Are all role models positive? DRUGS ALCOHOL AND TOBACCO	What should I do if I don't feel safe? BEING SAFE	
<b>Spring</b>								
<b>BRITAIN</b>		What if we were all the same? (text) RESPECTFUL RELATIONS	What colour is happiness? MENTAL WELLBEING	Should you always keep a secret? BEING SAFE	Why are there age limits on films and games? ONLINE RELATIONSHIPS	When should you be respectful? ONLINE RELATIONSHIPS + RESPECTFUL RELATIONS		
<b>Summer</b>								
<b>HUMAN KIND</b>		Do all families look the same? We are Family (Text) FAMILIES AND PEOPLE WHO CARE FOR US	Which Mr .Man would you choose to be your friend? CARING FRIENDSHIPS	Is being strong the same as being healthy? PHYSICAL HEALTH AND FITNESS	How can we influence people's happiness? <a href="https://vimeo.com/73026206">https://vimeo.com/73026206</a> The Promise by Nicola Davies. MENTAL WELLBEING	What does marriage mean to different people? FAMILIES AND PEOPLE WHO CARE FOR US	Will we always have the same friends? CARING FRIENDSHIPS	
<b>Autumn</b>								
<b>INVENTIONS</b>		What colour are you today? Lucy's Blue hair day <a href="https://www.youtube.com/watch?v=UmrUV8v-KQg">https://www.youtube.com/watch?v=UmrUV8v-KQg</a> MENTAL WELLBEING		What makes a family? FAMILIES AND PEOPLE WHO CARE FOR US	Can you invent the perfect friend? CARING FRIENDSHIPS	How can we protect ourselves? HEALTH AND PREVENTION	Is blue for boys? (Text: The Island) RESPECTFUL RELATIONS	
<b>Spring</b>								

<b>CIVILISATIONS</b>  <b>Summer</b>	HEALTHY EATING (SEE SCIENCE)	How many ways can we keep ourselves safe? HEALTH AND PREVENTION (inc drug and alcohol)	What keeps us healthy? HEALTH AND PREVENTION	Should we always stand up for what we believe? RESPECTFUL RELATIONS	Why do people behave differently online? ONLINE RELATIONSHIPS	Is grief a negative emotion? (The Lonely Tree text.) MENTAL WELLBEING	
<b>Foot Notes</b> <b>Not age</b> <b>specific</b>	Physical Health and Fitness is taught in our PE curriculum across all years and all terms		CHANGING ADOLESCENT BODY is taught through our science curriculum		Sex Education is taught in yr 6 science year 5s study the CHANGING ADOLSCENT BODY curriculum (see science )		INTERNET SAFETY is taught in our computing curriculum every Autumn term in every year group